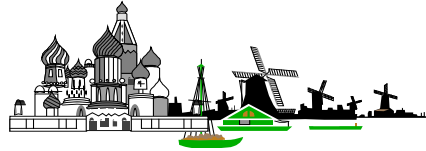


# DEMMA Foundation

Drenthe Exchange Mytisch Medical Agency

The Netherlands

[www.demma.nl](http://www.demma.nl)



since 1991

## ANNUAL REPORT 2018



*Tretjakov Gallery museum, Moscow. Visiting school class fascinated by the famous Soerikov (1881) painting depicting the execution of the Streltsy group while czar Peter the Great watching. (bron: DvhN)*

## INTRODUCTORY ADDRESS of the CHAIRMAN



The year 2018 has been another active year for DEMMA with as highlight the visit of the Dutch ambassador in Moscow to Mytischki, with the objective to visit the hospital and get informed about developments in the Russian health care and the role of DEMMA. Furthermore, we had another successful visit of two vascular specialists who

did not only learn from our Dutch vascular specialists but also told us about advanced techniques which they apply in the Mytischki hospital, an exchange visit in the true sense. You will also find a report on the visit to Mytischki of a DEMMA delegation during which we visited many *poliklinika's* and learned about the variation in these extramural facilities. Last but not least, we have to draw attention to the difficult financial situation DEMMA is in nowadays, being a foundation depending on volunteers. We hope that this annual report will contribute in realizing new funding so the important activities of DEMMA will be continued in the future.

**Jan Burggraaff MD**

### FOUNDATION BOARD MEMBERS as per 31-12-2018

**J.M. Burggraaff MD, Jan** Gynaecologist, Emmen – Chairman (1)

**P.S.J.Z. Mulkens MD PhD, Paul** retired ENT Specialist, Assen – Secretary (2)

**R.J. Hissink MD, Rutger** Vascular Surgeon, Emmen – Treasurer (3)

**H. Hagedorn MD, Heike** retired GP, Assen – member candidate (4)

**E.J. Lutgert LLM, Ernst** business consultant, Assen – Representative CoR (5)

**A. Schuiling-Morgatcheva, Alyona** Teacher/musician – culture & communication officer (6)



*from L-R standing: 3, 4, 5; sitting: 6, 1, 2*

#### Honorary members:

**C.P. Tuinman MD, Kees** retired Occupational Health Advisor, Voorschoten

**G. de Groot, Guus** correspondent interpreter, Assen

**DEMMA–M (Mytischy) BOARD MEMBERS RU-side** as per 31-12-2018

**Valery Yanin** MD PhD, head of Mytischy hospital – -chairman

**Jekaterina Suslova**, deputy director of Mytischy hospital – secretary

**Natalya Lapina** Sc PhD, Molecular biologist - member

**Alexei Azarov** MD , Cat Lab Vascular surgeon Mytischy Hospital – member

**Ludmilla Saarkoppel** professor, chief doctor neurologist Erismani Institute Mytischy -member

**Alexander Lebedev** MD, Cardiologist Mytischy Hospital - member

**Andrey Melentev** MD, Cardiologist Erismani Institute Mytischy -member

**COMMITTEE OF RECOMMENDATION** (alphabetic order) as per 31-12-2018

Mr. Victor S. **Azarov**, mayor Mytishchy Region (RU)

Mr. Jelle **Brandt Corstius**, Dutch publisher and Russia correspondent

Mr. Cees **Bijl**, Counsellor in the Administration of the Province of Drenthe

Mrs. Renée **Jones - Bos**, His Majesty's Ambassador in Moscow

Mr. Karel **Loohuis**, Mayor of Hoogeveen

Mrs. Carla **van der Wiel**, CEO “Treant Zorggroep” hospitals (Emmen-Scheper, Hoogeveen-Bethesda and Stadskanaal-Refaja).

Mr. Ernst **Lutgert** LL.M., business developer and entrepreneur in S.E. Asia Pacific regions (**Drenthe**)

Mr. Marco **Out** Msc, mayor of Assen, capital city of Drenthe

Mr. Jan J.L **Pastoor**, Former Senator in the Residence the Hague and former Counsellor in the Province of Drenthe

Mr. Derk **Sauer**, CEO Independent Media - The Moscow Times

**Special Relationship with Dutch Embassy**

Since 1998 there has been intensive cooperation with the Dutch embassy in Moscow (Pereulok 6). From that time on, DEMMA has had the pleasure to work with 6 ambassadors. To begin with baron de Vos van Steenwijk, who happened to be - it could not be better - from Drenthe and still is. Mrs. Renée Jones-Bos is the current ambassador. On December 11, she sympathetically spent a working visit to the Mytischy hospital (in the photo 2<sup>nd</sup> from the left). For further information on this, reference is made to the relevant paragraph in this annual report. Since 2018, DEMMA has remained in close contact in the person of Mr Maarten Broekhof (second embassy secretary and in the photo third from the right). We worked closely with him to prepare a so-called field visit for the permanent committee of foreign affairs from the House of Representatives. The intention was a short working visit to the Mytischy hospital.

Unfortunately, this visit, scheduled for the 26<sup>th</sup> of October, had to be canceled - last minute - due to political motives. Just like the rest of the political program .



### **BRIEF OVERVIEW 2018 ACTIVITIES:**

- **November 3-17** – Dwoyka 2018
- **November 14** – Invitation UmcExpert working visit the Hague
- **December 13-17** - DEMMA delegation Working Visit to Mytisch (Russia)

## **MEETINGS, PROGRAMMES and ACTIVITIES 2017**

### **Board meetings**

The DEMMA board met seven times in 2018 on February 8<sup>th</sup> , March 27<sup>th</sup> , July 3<sup>th</sup> , August 14<sup>th</sup> , October 8<sup>th</sup> and 29<sup>th</sup> and November 27<sup>th</sup>. For the various visits and exchanges (not that many this year), dedicated Working Groups (WG) were established. These meetings were ad hoc and their respective minutes are not included in this report. Occasionally the WG in Assen regarding the 1.5-cure issue (Poliklinika) did meet in the House of Drenthe Province.

### **Collaboration with the Drenthe Province, Health Hub Roden and HANNN**

The collaboration with the Province of Drenthe, the Health Hub Roden and Healthy Ageing Network Northern Netherlands (HANNN) was unfortunately poor this reporting year. Due to several reasons, the collaboration with our mentioned stakeholders were low profile. Main reason is that DEMMA has to do their homework first to show which kind of ‘1.5’-level care seems a worthy subject to explore deeper for a profound study reported. A medical student will

support DEMMA and do the research in Mitischy in 2020, to look at the possibilities to implement



provincie  
Drenthe

HealthHub Roden

a similar ‘1.5’-level care system in the Netherlands, which already functions for decades in Russia in the Poliklinika system. In the meantime, we will do our best to continue to maintain our ties with our stakeholders.

### **UMCexpert invitation working visit the Hague November 14th.**



Mr Harm Jan Driessen from the Hague, whom we previously met in 2017 (see the *annual report 2017*). Although DEMMA is active on a local scale and UMCexpert is dealing with larger scale projects, we agreed to keep in touch. In 2018 UMCexpert was still active in dealing with Russian health care partners.

In November, during a couple of days, he had organized a professional working visit for six medical doctors in the Hague. He invited Dr.

Paul Mulkens to come over to the Hague to be present at November 14th. The program was full of engaging topics and well organised. Scheduled were visits to a GP-center (the Doc), a guided tour through the Haga Hospital (with nice presentations about the structure of the hospital organization including the measures taken to get more security and safety). Finally, at the office of the architects group “PRO” during the dinner presentations told us about the issue of architecture innovations in hospital buildings with a lot of eye openers. The communication was different to what is usual in DEMMA project because here an interpreter was necessary. However, a fruitful contact was made with the two owners of the Moscow “Anna Clinic” resulting in a planned working visit at December 12th. by the DEMMA delegation (see website page *reports*).

### **DWOYKA 2018, TREANT, location EMMEN, NOVEMBER 4-17<sup>th</sup>**

For almost two weeks Ilia Melnichenko and Ruslan Akhramovich (in the middle in the photo), two cardiovascular interventionalists from Mytishi hospital, visited the Netherlands. On a professional basis they followed a program on the Dutch approach to many aspects in cardiovascular interventions in the Scheper hospital in Emmen: Varicose vein ablation, peripheral and cardiac angioplasty and stenting, pacemaker implantation and (endo)vascular surgery. Also, methods of radiologic and ultrasound





diagnostic techniques were demonstrated. Besides this a working visit was paid to the University Medical Center in Groningen. And of course, to affirm the relationships on a personal level, Ilia and Ruslan were entertained in numerous social visits organized by the DEMMA members in Drenthe and surroundings. The visit was traditionally concluded with a dinner where the certificates of the participants were handed over. All in all, again a very fruitful

Dwoyka!

## DEMMA DELEGATION WORKING VISIT to MYTISCHI, DECEMBER 8-13<sup>th</sup>.



The program for this DEMMA delegation (members: Paul Mulkens, Jan Burggraaff and Heike Hagedorn) a working visit was organized in an excellent way by the colleagues from Mytischy, especially by Dr. Valery Yanin, and executed by the colleagues we had met before in Russia and/or the Netherlands. Despite the cold political situation on a national level, the personal relations are still warm. An important point the Dutch ambassador, Mrs. Renée Jones-Bos, mentioned during her visit at Mytischy hospital on December the 11<sup>th</sup>. As repeated in her letter to Dr. V. Yanin and in the NRC article (29/30 December) she was impressed by the long-term co-operation on a personal level between Russian and Dutch DEMMA members. Read more about this on the website page *reports*. This working visit had the main objective to resume and strengthen the personal contacts. In addition, we were interested in the growth, improvements and innovations of Mytischy health care, especially the Poliklinika's.

Interesting

Нравится **popova\_raya** и еще 17 mytyshi\_informagentstvo Сегодня, 11 декабря, городской округ Мытищи с рабочим визитом посетила госпожа Регина Джонс-Бос, чрезвычайный и полномочный посол Нидерландов в России. Целью визита стало ознакомление с уникальной по долголетию программой

visits were paid to several Poliklinika's such as in Mytischy the no. 4 belonging to the hospital and a private one "Avicenna". More over in Moscow city private clinics were also visited: the "Anna Clinic" and the IMC (International Medical Center). Of course also the delegation hopped in at the Erismani Institute, the second counterpart of DEMMA. The in NL unknown poliklinika method of organization



shows an option between the first (hospital) level Annual Report seems a worthy a profound Therefore we agreement that can do his in Mytishy with 'Poliklinika



details on this visit you are referred to the working visit report, published on the website (page *reports*).

to provide medical care in (GP) and the second of care. As mentioned in the of 2016 this '1.5'-level subject to explore deeper for study reported by DEMMA. are happy about the in 2020 a 5<sup>th</sup>-year student internship 'Social Medicine' the main subject health care'. For further

## FUNDING MATTERS



The traditional main incoming fund is still the loyal support we receive from the Treant Group (hospitals in Emmen, Hoogeveen and Stadskanaal) during the yearly Dwoyka visits by providing the hotel accommodation and meals served to the guests at the hotel and hospital restaurants. The DEMMA foundation is very grateful for this fundamental support and it signifies the level of importance of these exchange visits to the hospital organisation. Unfortunately, it turned out again this year no additional funding could be raised.

## DUTCH MEDICAL STUDENT POSTING **expected in 2020**

In this year we have a new development to report. Later than announced before, due to a changed internship agenda, a fifth-year medical student will intend to participate in an internship 'Social Medicine' in Mytischy. He will start in March 2020 (week 10) for a stay of eight weeks. His main study subject will be the organisational and social medicine aspect of the Poliklinika system providing the patient with medical services at a 1.5-level. Also he will get acquainted with the work of the Erismani Institute in the field of ecological matters related to occupational health care. He will conclude his internship with a report on 1.5 health care in Mytischy and the possible positive points which we could learn from in the implementation in the Dutch health care system. We are most grateful that Mytischy hospital, and especially Dr. Valery Yanin in cooperation with Prof. Dr. Ludmilla Saarkoppel from the Erismani, will make this internship possible.

## **FINANCIAL REPORT**

The financial records have been audited by a DEMMA Committee, and proved to be in good order. For further details please refer to the DEMMA Treasurer.

### **References:**

- Minutes DEMMA board meetings 2018
- Dwoyka 2018 guest report
- “Working Visit report Mytisch, 2018 Dec. 8-13”
- Power point presentation (2018-12-11)
- Financial report 2018