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## GP Visit report 2012, November/December 28-2

28 November: 11.40 leaving Schiphol and 18.00 arrival Sheremetyevo International Airport. Valerii Anatol'evich Yanin met us at the airport. Due to the weather (snow storm) late arrival at Podlipki Sanatorium, our accommodation. Here meeting with another Dutch DEMMA group (Kees Tuinman and Guus de Groot) who stayed in the same place.

29 November: After hearty breakfast we (Kees, Guus, Coen, and Edwin) were picked up by driver at 10.00 a.m. We traveled, with some delay by snow, to Mytisch Hospital. Here we collected Nadezhda Shirokova and .... Together with them transportation by train and metro to Moniki (Московский областной ордена Трудового Красного Знамени клинический научно-исследовательский институт имени М. Ф. Владимирского; in English officially: Moscow Regional Research and Clinical Institute).

In Moniki Hospital we met with Georgy Khatskelevich Maltin, founder of DEMMA-M and deputy-director of Moniki. Kees handed him a Demma-poloshirt as a present. Afterwards we met Professor and dean of the faculty B.V. Agafonov and Associate professor Natalia Shevtsova. Coen Holzhauser explained the Dutch organization for General Practitioners (GP-system). Professor Agafonov explained the intention of Moniki to start a GP-education in Mytisch. Moniki wants the help from the GP-educational institute of the UMCG to set up this education.



After this meeting we returned to Mitisch with Nadezhda Shirokova and ... Here we had a lovely diner at a local restaurant.

30 November.: After another hearty breakfast we were brought by our driver to the place of the seminar, poliklinika No. 5. Here we met Stanislav Mirzonov and Valery Yanin. Around 10.30 a.m. the seminar was opened by Mirzonov. After him professor Agafonov held a little speech. Associate-professor Shevtsova held a lecture about the structure of the GP-institute in Moniki. Then Coen Holzhauser held a lecture about the Dutch GP-system and presented some facts and figures about his own practice. Nadezhda Shirokova held a lecture about COPD treatment in Russia. Nadezhda Shmeleva, a local GP, explained the role of the GP in the treatment of COPD. Finally Edwin Poorts held a lecture about the treatment of COPD in Holland, which is for a large part done by GP's.



After the seminar there was a lively discussion by Valery Yanin, Vladislav Mirzonov, Georgi Maltsyn, Agafonov and Elena Anatol'evna Bykova (leading physician of Poliklinika No. 5) about the change of finance of the Russian medical system and

the effects on the change of the education system.

Associate Professor Shevtsova afterwards asked Coen and Edwin for an article about the GP-education in Groningen).

Elena Anatol'evna Bykova gave us a tour around Poliklinika No. 5.

1 December: We were collected by Stanislav Mirzonov at Podlipki at 9.45 a.m. and he took us to a museum about the Napoleonic war. Here there was an impressive exhibition about the battle of Borodino. After lunch at a Azerbaijani Restaurant we went to a bookshop.

The day ended with a great farewell-diner in Podlipki.

2 December: At about 13.30 p.m. we met with the students and later with Valery Yanin. We went to Sheremetyevo International Airport together and our plane left on 19.00 p.m. and arrived on 19.40 at Schiphol.

Edwin Poorts MD

Coen Holzhauser MD