

**DEMMA Foundation**

Drenthe Exchange Mytisch Medical Agency

[www.demma.nl](http://www.demma.nl)



1991-2016

## VISIT REPORT, MYTISCHI 2016 January 27-31

*DEMMA delegation: Ernst Lutgert & Paul Mulkens*



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## Chapter 1. Schedule & Program

Jan.	morning	afternoon	evening
<b>Wed. 27</b>	Departure Amsterdam 11:40 KLM	Arrival Sheremetjevo 16:30 hrs. Collected by Dr. Alexey Azarov	Check in Lecco hotel 19 hrs. Dinner in the hotel along a short briefing by Dr. Valery Yanin (hospital head).
<b>Thur. 28</b>	<b>Mytishchi hospital</b> guided (Elina, senior nurse) tour: CAT lab (chief Dr. Alexey Azarov), Neonatology (chief Dr. Victoria Pertseva and Dr. Galina Fokanova), cardiology (chief Dr. Alexander Lebedev). <i>High quality departments. At CAT lab one live procedure was shown.</i>  Maria Syutkina participated as PR communicating officer of the hospital using INSTAGRAM. <i>She will be helpful in the future in improving the communication level between NL and RU.</i>	<b>Moscow MONIKI</b> top referral hospital and research center. Meeting with Dr. Georgy Maltsin ( <i>was amazing to meet the 1991 DEMMA founder from RU side</i> ) as head of the security department. Second meeting with Prof. Dr. Filipp Paleev, head of the hospital. <i>Excellent momentum for exchange of information. MONIKI is very much familiar with international exchange. Evry year 6.000 doctors are specializing in MONIKI. So no problem whether a Dutch student likes to pass his trainee here during an 8 weeks stay! They are willing to support by finding guest lounge during that period.</i>	Dinner at <b>Mirzonov's place:</b> 19- 23 hrs. <i>We liked very much the Russian traditional hospitality with food, music, presents and drinks. Thank you very much Vladislav and Ludmilla!..!</i>
<b>Friday 29</b>	<b>Rehabilitation Center.</b> Meeting and round tour. Dr. Georgy Kasatkin, head of the center. <i>Nothing news. Nice to meet again Georgy K. who was the hospital head in 1991!</i> <b>Poliklinika no. 5</b> (adults). Meeting with the head Dr. Marina Sicheva. Roundtour.	Guided tour <b>Erismani institute</b> (Andrey Melentev, Ludmilla Saarkoppel) and toxicological laboratory (director Prof. Valery Rakitsky, toxicologist).	<b>Joint DEMMA-M / DEMMA plenary meeting:</b> 16:30 – 19 hrs. Venue: Erismani meeting room. <i>It was a well organized and fruitfull joint meeting. Good feelings at both</i>

	<i>Very good impression left. Pretty high standards and a lot of facilitations. Five stores building looks nice and clean. We love the 1.5 level concept. Is worth to make it subject to study this medical center as one of the models. For details go to chapter 3: "information".</i>		<i>sides. For the agenda and results: go to chapter 2 "projects 2016-17 agreement"</i>
<b>Sat. 30</b>	<b>Moscow tour</b> with guide Yuri Sichev (hospital economist and son of Marina Sicheva): 09:30. by car to Medvedkovo metro to Izmailova shops and museums (bread, toys and vodka).	Walking tour Manège Square, Kremlin wall and Great War monument, Red Square and GUM. <i>Yuri did a nice job, monitoring the time schedule included. Spaciba bolsjoi!</i>	Dinner at <b>Yanin's place</b> : 19 hrs. (Manuchino). <i>Great hospitality from Xenia and Valera. As usual. Thanks.</i>
<b>Sun. 31</b>	<b>Mytisch Gorod</b> : historical museum, monument Great War, two churches (Nicolas II). Guide and translator: Maria Syutkina with husband Jevgeny (lived in New York city for one year). <i>A lot of interesting information on the history of the town was provided in a highly efficient way. Thanks a lot Maria and Jevgeny!</i>	Departure <b>Sheremetjevo</b> 14:45 hrs Aeroflot Arrival Amsterdam: 16:30 hrs	Back in <b>Assen NS</b> railway station: 18:57 hrs

## Chapter 2. Joint meeting agenda & agreement on projects

### AGENDA

Joint DEMMA / DEMMA-M meeting at January 29<sup>th</sup>. 2016

Venue: Erismani Institute

*Present from DEMMA-M side: Azarov, Kaira, Lebedev, Melentev, Saarkoppel and Yanin (chairman); from DEMMA side: Lutgert and Mulkens*

- 1. Evaluation 2015.** Dwoyka 2015 (May), a bilateral project; Demmaclaaf (Nov.) introspective session for DEMMA members only. A reset momentum.
- 2. Motivation** for collaboration both sides. There is! Nevertheless the freezing political situation. Never forget the bond of friendship because

from both sides we are not able to influence the politics. Therefore we should deal with that as a natural given.

### 3. **Communication** interactive

- a. Website. DEMMA-M will provide more material (content). News from the hospital, the region, the municipality and so on. Might be posted. Still two reports (Yanin and Dwoyka 2015) from RU side to get for posting.
- b. Email. More interactive use is requested. Give more shared information. Use groups email. Beside Valery Yanin the other DEMMA-M members will be copied for better exchange of information to improve mutual understanding and motivation.
- c. DEMMA-M meetings. Agreed to schedule at least one meeting in 3 months. Minutes will be send to the DEMMA secretary Edwin Poorts. Due to the same reason as mentioned under b he will inform the DEMMA group.
- d. Focal points. Every project needs to have a focal point at both sides. Email communication will be shared with the members by cc or bcc as much as possible (see: b and c). Generates transparency!
- e. Language barrier. Would not exist anymore as reports by Valery Yanin and as we noticed ourselves. However Paul Mulkens did the suggestion in case of writing a report at RU side to do this in Russian language in order to let it translate in Mytischki afterwards. According Yanin there is no need for this anymore.
- f. Instagram. Might be helpful. By now Maria Syutkina, functioning as a hospital communication officer, is using this medium. It has to be considered for all of us to install this App on mobile phone or tablet.

### 4. **Projects** in 2016-17, as agreed.

- a. Neonatology (intensive care). DEMMA will send invitation to paediaters Dr. Victoria Pertseva and Dr. Galina Fokanova. It will be a two Mytischki hospital weeks stay in NL to schedule in October/November.
- b. In the same time will be invited to NL from the Erismani Institute Prof. Dr. Ludmilla Saarcoppel, neurologist. She will present guest lectures. We have seen innovative treatments with extreme colds for postnatal depressions and arthritis.

- c. Also in the same time DEMMA-M will invite to RU Dr. Ben Knipscheer, urologist (together with ?) to set up an urological (prostate pathology) project.
  - d. Trainee project for Dutch students. MONIKI hospital is ready to host them during 8 weeks.
  - e. Set up a study program on the poliklinika system financed by new funding. DEMMA will study and will make a DEMMA foundation report to present to the Drenthe Provincial administration. The in NL unknown *poliklinika* method of organization (“1.5-cure” between the first and the second level) between is very much worth to subject it to a profound study to find perhaps find a domestic application.
  - f. Management project in 2017.
  - g. GP project in 2017?
  - h. Occupational diseases project (Erismani) in 2017?
  - i. Nursing project in 2017?
5. **Visits in 2016.** See 4 a-e.
6. **Celebration 25 years in 2016.** See: chapter 4.
7. **AOB.** Paul M. will step back this year as the chairman bur he will stay in the board as *facilitating* member.

### Chapter 3. Various information

subject	Information
Moscow traffic	Due to traffic jams (propka’s) on the way back to Mytischki at Thursday a smart transportation plan was needed. So hospital driver Dima drove to Rittskaya metro station first. From there by metro to terminal Medvedkevo station. From there again by car after to be collected by Mirzonov driver. Saving two hours!
Instagram	Is supposed to be the new communication medium in the Mytischki hospital. Maria Syutkina is in charge in improving the communication matters. She will be helpful in the communication sphere between DEMMA an DEMMA-M.
Crisis	A lot of medical health workers were complaining about the economical crisis they feel so deeply. In some cases the doctor’s salary has been downsized with a huge percentage.
Doctors position	The position for doctors in general in RU has been felt not that good as it was. As reported they are faced more and more with claiming patients who are ordering which treatment policy has to be followed. If the doctor is not cooperative in this way they risk formal complaints from the patient. This

	might result in a defense treatment attitude which is of course not in the interest of the patient itself. And of course it takes down the motivation.
Hospital marks	Along the central hospital are three rural hospitals in Mytischki region. They all are part of one organization with Dr. Valery Yanin as the head. Annual budget: 1.5 billion rubels.
Poliklinika system	This specific system was introduced in RU in 1928. In the region (40.000 people) and in the city (185.000 people) exist 9 poliklinika's. For adults 5 and for children 4. Along this in town 4 GP centers (14 doctors) and in the country side 3 GP (nurse practioners) offices.
Poliklinika no. 5	Serves in town exclusively 40.000 people. As workers are employed 64 doctors and 47 nurse practioners. Most doctors are subspecialized as for instance as children's doctor or ENT or intensivist or pulmonologist a.s.o.. No.5 does have 30 day care beds. Also a lot of facilities like radiology, advanced laboratory, ECG/EEG, echo, endoscopy, audiology and eye testing, surgical units and revalidation options.

## Chapter 4.



## celebration in 2016

**Projects a-c** will be put forward as top heavy tools in the process of celebrating. Projects a-b (displaying in NL) will be called “Troyka 2016”. Although we have to deal with three projects it will be executed as an all-in-one event coproduct of DEMMA/DEMMA-M. The time schedule focus to perform this project block will be in autumn. So enough room in time to prepare it perfectly. The suggestion was put forward to invite Dr. Yanin as well along the “Troyka 2016”, as a coach. Of course DEMMA will try to surround this top event with a lot of PR efforts (in Drenthe TV, possible national level interest, newspapers, radio, press conference etc). Also in Drenthe DEMMA will try to involve the Drenthe Provincial administration (Kings counsellor) and the municipal administrations (mayors) of Emmen and Assen as well. Might be develop or work as a funding objective in addition. It is not excluded that projects d-e can be implemented in this celebration frame work.

## Conclusion.

This working visit was in an excellent way organized by our hosts. Scheduling all the elements and performing the logistics everything was completed in a perfect way. This visit had the main objective to proof motivation for continuation. In addition fine tuning of all the options was necessary. It turned out, despite the cold political surroundings, the mutual understanding was warm and vital. On this firm basis both foundations were able to build up a nice house of plans and projects. It was even more and better than prospected , perhaps from both sides. So 2016, as the year of 25<sup>th</sup>. jubilee celebration, did get with this convention a very bright start. now and work it out. The results of mentioned give us both a lot to do. spacibo Bolshoi!



Let's go on  
what is  
DEMMA- M:

PM & EL